

PRECERTIFICATION LIST

Precertification is the process Blue Cross® Blue Shield® of Arizona (BCBSAZ) uses to determine coverage for some benefits. If a service is not listed below, precertification may not be required, or the service or item may not be a covered benefit.

- Use this list with your current Benefit Book and Summary of Benefits and Coverage (SBC).
- Review your current Benefit Book to determine covered benefits before referring to these precertification requirements. This document is not a list of all covered services.
- Refer to your SBC for applicable precertification charges and benefits that may be denied without precertification.
- Certain medications require precertification and are not covered without it, regardless of where the drug is administered. For other services, you will not be penalized if your network provider fails to obtain precertification. If an out-of-network or noncontracted provider fails to obtain precertification, you will be responsible for a precertification charge or a denial of coverage.
- Some inpatient facilities provide different levels of care within the same facility. For example, a single hospital may offer acute inpatient, inpatient rehabilitation, and other inpatient care. If you are moving to a level of care that requires precertification, you will need to have BCBSAZ precertify the new level of care.

Precertification is required for the following **inpatient** benefits:

- All non-emergency inpatient admissions
- All sub-acute admissions

Precertification is required for the following **outpatient** benefits:

BENEFIT	PRECERTIFICATION
Ambulance Services	Required for non-emergency services for certain plans
Behavioral Health Services (Mental Health Services, Chemical Dependency, or Substance Use Disorder)	Required for certain services
Cancer Clinical Trials	Required for certain plans
Durable Medical Equipment (DME), Medical Supplies, and Prosthetic Appliances and Orthotics	Required for certain items
Eosinophilic Gastrointestinal Disorder	Required
Home Health Services	Required
Medical Foods for Inherited Metabolic Disorders	Required
Outpatient Services	Required for certain services and surgeries
Pharmacy and Medications Benefits (Pharmacy Benefit, Specialty Medications, and Medications for the Treatment of Cancer)¹	Required for certain medications
Physical Therapy, Occupational Therapy, Speech Therapy, Cognitive Therapy, Cardiac and Pulmonary Services	Required for certain services for certain plans

¹For a listing of medications that require precertification, go to www.azblue.com or call the Pharmacy Benefit Customer Service number on your ID card.

