

Why is our school closed?

Let me tell you about COVID-19!



Lots of doctors and scientists are working on medicines so COVID-19 doesn't make more people sick, but for now...

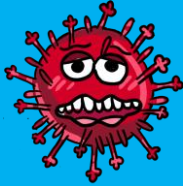


What is COVID-19?



Be a germbuster!

It's a new germ that is also called coronavirus.



✓ Wash your hands before you eat, after touching your face, and after using the bathroom.

✓ Sing "Happy Birthday" while you scrub!

✓ Cover your mouth with your elbow if you cough or sneeze.

✓ Stay home as much as you can, and talk with friends and family on the phone and online.

✓ Help your family by doing a chore every day!

✓ Ask a trusted adult to answer any questions you have, and tell them if you feel scared. It's normal! Exercising and reading books can help too.



It can make people sick, like the cold or flu.



It doesn't have legs, so it likes to travel on drops of water that are so tiny you can't see them. When someone sneezes or coughs, it goes along for a ride.



It can also stick around on objects like doorknobs and phones.

It doesn't like soap and goes away when you wash your hands!



If everyone does their best to stay healthy, there is a better chance that people around them can stay healthy too!



- Don't touch your eyes and face.
- Don't hug or kiss your grandparents.
- Don't be scared if you start to feel sick. Tell a trusted adult and rest for a few days so you can feel healthy again!

Created by the COVID-19 Health Literacy Project in collaboration with Harvard Health Publishing

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